

Rudolf Steiner's Calendar of the Soul

Note on the Dates

Rudolf Steiner first published the 52 mantric verses we know as the *Calendar of the Soul* in 1912 and again in 1918. Verse number one starts on Easter Sunday. Since the observance of Easter shifts cosmically every year, the dates of the verses must also be adjusted accordingly. The dates listed here for 2020-2021 are based on the practice of meditating a new verse each week, Sunday through Saturday. This formula was also followed in the 1912 edition. In keeping with Rudolf Steiner's instruction, we open the meditative year with verse number one on Easter Sunday (April 12, 2020) and continue in harmony with the seven day astral rhythm of the soul to the next Easter (April 4, 2021).

The rule for setting the cosmic date of Easter creates the opportunity to re-chart the yearly course of the *Soul Calendar* verses. Rudolf Steiner composed 52 verses, but there are only 51 weeks between Easter 2020 and Easter 2021. The intention here is to keep the festival verses in sync with the actual dates of Easter, Whitsun, St. John's, Michaelmas and Christmas, including the observance of Advent and Lent. The proposed adjustment occurs just before St. John's: working with verses 10 and 11 over the course of the same week.

The *Calendar of the Soul* interweaves the metamorphosis of the archetypal plant, the changing seasons and the alternating moods of one's inner life. The verses are also studied in relation to the planets and the zodiac. It is especially fruitful to recognize the polarities as well, starting with the complete shift from verse 52 to verse 1, and progressing on with 51 and 2, 50 and 3, etc. The result is that we come to treasure the *Calendar* as a dynamic pathway to self-knowledge and spiritual awakening.

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Dates from Easter 2020 to Easter 2021

April 12: verse #1 Easter Mood

April 19: #2

April 26: #3

May 3: #4

May 10: #5

Light from Spirit Depths

May 17: #6 (May 21: Ascension)

May 24: #7

Luciferic Temptation

May 31: #8 Whitsun

June 7: #9

June 14: #10/11

June 21: #12

St. John's Mood (June 24)

June 28: #13

July 5: #14

July 12: #15

July 19: #16

July 26: #17

Aug. 2: #18

Aug. 9: #19

Aug. 16: #20

Luciferic Temptation

Aug. 23: #21

Aug. 30: #22

Light from Cosmic Widths

Sept. 6: #23

Sept. 13: #24

Sept. 20: #25

Sept. 27: #26

Michaelmas Mood

Oct. 4: #27

Oct. 11: #28

Oct. 18: #29

Oct. 25: #30

Nov. 1: #31

Light from Spirit Depths

Nov. 8: #32

Nov. 15: #33

Ahrimanic Deception

Nov. 22: #34

Nov. 29: #35 (Advent)

Dec. 6: #36

Dec. 13: #37

Dec. 20: #38

Christmas Mood

Dec. 27: #39

Jan. 3, 2021: #40

Jan. 10: #41

Jan. 17: #42

Jan. 24: #43

Jan. 31: #44

Feb. 7: #45

Feb. 14: #46 (Lent)

Ahrimanic Deception

Feb. 21: #47

Feb. 28: #48

Light from Cosmic Heights

Mar. 7: #49

Mar. 14: #50

Mar. 21: #51

Mar. 28: #52

April 4, 2021: verse #1
Easter Mood